



## Pressure and Posture in Wheelchair Seating

### **Overview:**

The course is aimed at those working in the provision of wheelchair seating who wish to refresh or develop their background knowledge in pressure care and postural management. This one day course covers the basic principles of pressure ulcer prevention, postural management, cushion and backrest selection. On completing the course, attendees will be able to explain the key mechanisms behind pressure ulcer development - listing key risk factors; evaluate a wheelchair cushion in relation to pressure, shear, pelvic stability, lateral stability, posture, heat and moisture and ride comfort; recognise common postural problems and identify appropriate seating products to support or correct these postures.

### **Course Content:**

- Aetiology of pressure ulcers
- Evaluating pressure redistributing cushions
- Principles of good posture
- Management of common postural problems
- Clinical application of cushions and back systems

### **Who will benefit from the course?**

- Occupational Therapists
- OT Assistants and Occupational Therapy Students
- Rehab Engineers
- Invacare Dealers

**Course Level:** Basic

**Price:** free of charge

