



Pressure Ulcer Awareness and Mattress Care

Overview:

Risk assessment and selection of appropriate equipment is paramount in order to prevent the formation of pressure ulcers, heal existing ulcers and improve patient outcomes. The first part of this course offers information and discussion to extend basic knowledge of pressure ulcer prevention and provides practical information on the importance of mattress selection. The second part of this course highlights mattresses as a medical device and outlines best practice in mattress cleaning, care, transportation and auditing. A collaborative approach can lead to significant reductions in mattress failure rates and an increased return on investment of pressure reducing equipment.

Course Content:

- Aetiology of Pressure Ulcers
- The Primary Cause
- Areas at Risk
- Pressure Ulcer Prevention
- Initiatives currently in place
- The causes of mattress failure
- How to audit a mattress
- Cleaning and care of the mattresses
- Strikethrough Resistant Technology

Who will benefit from the course?

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| * Tissue viability nurses | * Infection control nurses |
| * Those involved in equipment purchase | * Invacare dealers |
| * Community Equipment Co-ordinators | * Community Nurses/ Link nurses |

Course level: Basic

Price: Free of charge



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